



# DRINK SPIKING

## WATCH YOURSELF WATCH YOUR FRIENDS >>>

Tiakina ko koe, tiakina ō hoa

DRINK SPIKING CAN LEAVE YOU AT RISK OF RAPE OR SEXUAL ASSAULT.

- BUY YOUR OWN DRINKS
- WATCH THE BOTTLE OR CAN BEING OPENED AND Poured
- KEEP AN EYE ON YOUR DRINK AT ALL TIMES

IF YOU START TO FEEL DROWSY ASK FOR HELP FROM YOUR FRIENDS, THE BAR OR SECURITY STAFF, OR RING 111 IN AN EMERGENCY.